

EMMAUS LEXINGTON COMMUNITY



Lexington, KY

"Did not our hearts burn within us, while he talked with us by the way...?"

August 2010

Practical Preparation (Part two)

You are a sponsor of a Pilgrim on an Emmaus Walk; you've prepared them for the 3 days, gotten the paperwork and deposit in, so now you think your task is almost complete. Hold on, there's still much to be done but this is what I consider to be the "fun" stuff.

Start getting names and contact info for family members, friends, co-workers and church family as soon as possible and get word to them about sending an agape letter for your Pilgrim. "How do I get this information without revealing why it is needed to my Pilgrim?" I usually tell my pilgrims that I need several "emergency" contacts since the LD would contact me as the sponsor if something were to happen during the weekend, I am quick to assure them that I have never had to contact the people listed during a weekend (which is true, I contact them before the weekend). Those "emergency" contacts are a good way to start a contact web; I use the phone, snail mail, Facebook and word of mouth at the church to help collect letters. At Trinity Hill we have an agape box located in an out of the way place that all the Emmaus people know and they can deposit letters and even agape for the sponsors to pick up. Agape teams love to see those letter bags full to overflowing during the weekends!



I love AGAPE! I love to make it and receive it. I am always fascinated by the vast array of talent and creativeness displayed by those in the Emmaus community. It is very important for your Pilgrim to see at least one piece of agape with your name on it during the weekend. I have heard the pride and joy in pilgrims voices when the agape lists are read and their sponsor's name is there. Agape does not have to be complicated or expensive; I find a lot of inspiration and cheap stuff at the many dollar stores around Lexington or from Oriental Trading Company or similar bulk on-line store. Add a verse of scripture or a catch phrase and voila! If you are crafty, even better, nothing says agape love like a rainbow tie, crocheted headband or bookmark. Guys, don't just rely on your wife to make all the agape, get in there and help. Or find something you enjoy making and create your own agape. I told Howard he needed to start making agape and he decided to make hand stamped bookmarks, now he even hand stamps his agape letters!



Prayer is critical to a successful Walk and sponsors need to be sure to sign up for the prayer chart. If you can't attend a Gathering where the prayer chart usually is passed around contact the LD of the Walk to get contact information for their prayer team.

Service is also important, everyone needs to help out to make the Walks run smoothly. The kitchen is always in need of extra help with food prep and serving meals, any time that you can give is appreciated. And don't forget about SNACKS and DRINKS; pilgrims really eat on a walk weekend!

I've talked about things the sponsor should do in service to their Pilgrim and the Community but there is one thing that a sponsor should NOT do. Please do not bring gifts for your Pilgrim and ask the agape team to put it in their room or letter bag. Don't bring a gift and give it to them during one of the meal times. "Are gifts to a pilgrim appropriate?" Yes, but give it to them when you are taking them home or meet for lunch after they have had time to process all that they experienced and give it to them then when they can focus on the gift. You as a sponsor can give them a "gift" on the weekend, you can personalize their 4th Day book as a remembrance.

Kathy Rosewell

Lay Director 2010

The Lord is closest to the
broken hearted and saves those
who are crushed in spirit.

Psalm 34:18



In Loving Memory



**Jesse Conrad Yoder
1974-2010**

Register Pilgrims Now for Fall 2010 Walks!

The Lexington Emmaus Community's Fall 2010 Walks are just around the corner. Men's Walk #109 will be held October 14-17, 2010 and Women's Walk #110 will be October 21-24, 2010. The deadline for submission of Walk applications for these Walks is three (3) weeks prior to the start of each Walk. If you wish to register a pilgrim for the Spring Walks, get them in now to make sure your pilgrim has a place. Lay Directors are Bill Anderson and Regina Burris.

Future Walks and Flights

2010

October 14-17, 2010 Men's Walk 109
October 21-24, 2010 Women's Walk 110

2011

February 19 – 21, 2011 Chrysalis Flight 32
March 10 – 13, 2011 Men's Walk 111
March 24 – 27, 2011 Women's Walk 112
October 6 – 9, 2011 Men's Walk 113
October 20 – 23, 2011 Women's Walk 114

2012

February 18 – 20, 2012 Chrysalis Flight 33
March 15 – 18, 2012 Men's Walk 115
March 22 – 25, 2012 Women's Walk 116
October 11 – 14, 2012 Men's Walk 117
October 25 – 28, 2012 Women's Walk 118

All will be held on the campus of Asbury Theological Seminary.

Important Information on Fees

The fee to attend a Walk is \$150 per person with a required \$50 non-refundable deposit.

Signup as a Meal Server and to bring Snack Agape

You can now signup on-line to serve meals or to bring snack agape on the upcoming Walks. Go to the Meal Server or Snack Agape signup pages at www.lexingtonemmaus.org to let the team know how you want to help.

You are Invited!

Susan Henthorn and **Steve Ford** invite the Lexington Emmaus Community to attend their wedding on Saturday, September 25, at 1:30 p.m. at Union Church in Berea. The reception will be at "The Commons" in the Woods-Penniman building. For further details, to R.S.V.P. and/or to send greetings, see the wedding website at <http://faculty.berea.edu/henthorns/wedding.html>

REMEMBER OUR FALL WALKS IN PRAYER

October 14-17, 2010 Men's Walk Lay Director - Bill Anderson

October 21-24, 2010 Women's Walk Lay Director - Regina Burris

REMEMBER OTHER COMMUNITIES WALKS IN PRAYER



Emmaus Walks:

- August 12 - 15, 2010** Women's Walk Northern California/Nevada Emmaus, #56: Gardnerville, NV
August 12 - 15, 2010 Women's Walk Central Illinois Emmaus, #227Q Illinois
August 12 - 15, 2010 Men's Walk West Michigan Emmaus, #33 Michigan
August 12 - 15, 2010 Men's Walk West Michigan Emmaus, #35 Michigan
August 19 - 22, 2010 Women's Walk West Michigan Emmaus, #34 Michigan
August 19 - 22, 2010 Women's Walk West Michigan Emmaus, #36 Michigan
August 19 - 22, 2010 Men's Walk Greater Dayton Emmaus, Men's Walk #50 Ohio
August 26 - 29, 2010 Men's Walk Illinois Heartland Emmaus, #67 Illinois
August 5 - 8, 2010 Women's Walk Houston North Emmaus Community, Inc., #57 Texas
August 12 - 15, 2010 Women's Walk Noah's of Ark Emmaus, #149 Arkansas
August 12 - 15, 2010 Men's Walk Cross Country Emmaus, #173 Texas
August 19 - 22, 2010 Women's Walk Northwest New Mexico Emmaus, #36 New Mexico
August 26 - 29, 2010 Men's Walk Borderlands Emmaus Community, 23 #New Mexico
August 26 - 29, 2010 Women's Walk Houston - Bay Area Emmaus, #55 Texas
August 12 - 15, 2010 Men's Walk Alabama Emmaus, #371 Alabama
August 19 - 22, 2010 Men's Walk Dale Hollow Emmaus/Chrysalis Community, #21 Kentucky
August 26 - 29, 2010 Men's Walk Birmingham Emmaus, #58 Alabama
August 26 - 29, 2010 Men's Walk Blue Lake Emmaus, #211 Alabama
August 26 - 29, 2010 Men's Walk Servant Heart Emmaus Community, # 23 Alabama
August 26 - 29, 2010 Women's Walk Dale Hollow Emmaus/Chrysalis Community, #20 Kentucky

International Walks:

- August 12 - 15, 2010** Men's Walk Mount Sea Emmaus, Walk #15 International
August 19 - 22, 2010 Women's Walk Mount Sea Emmaus, Walk #16 International



Chrysalis Flights:

- August 5 - 8, 2010** Boy's Walk Cornerstone Chrysalis, #4 California
August 6 - 9, 2010 Girl's Walk East Central Indiana Chrysalis (ECI), #12 Indiana
August 6 - 8, 2010 Boy's Walk Iowa Chrysalis, #28 Iowa
August 6 - 8, 2010 Girl's Walk Iowa Chrysalis, Flight #28 Iowa
August 26 - 29, 2010 Boy's Walk SW Indiana Believers in Christ Chrysalis, #36 Indiana
August 12 - 15, 2010 Girl's Walk East Texas Chrysalis, ETC #20 Texas
August 19 - 22, 2010 Boy's Walk East Texas Chrysalis, ETC #21 Texas
August 12 - 15, 2010 Girl's Walk Shenandoah Valley Chrysalis, #4 Virginia
August 13 - 15, 2010 Girl's Walk Western New York Chrysalis, Flight #13 New York
August 6 - 8, 2010 Boy's Walk Southeast Florida Chrysalis, Flight #42 Florida

Reunion Groups

Remember the small beige service card that you received with your cross on the last day of your Walk/Flight? That small card presents the guidelines to be used while sharing your weekly walk with Christ during a reunion group meeting. If you have been thinking about seeking an Emmaus Reunion Group, here is your chance. Listed below are current Reunion Groups that are open to new members. In addition, our Emmaus community has many opportunities to form new groups and Ken and Martha Hahn are willing to help facilitate with these opportunities. Ladies, please contact [Martha](#) and Men, please contact [Ken](#) if you are interested in being part of any of these reunion groups mentioned or to start with a new group. Remember that Christ is counting on you and He's ready and willing to meet with you and your Reunion Group each week.

Group	Day	Time	Location
Christ's Legions	Flexible	Flexible	Frankfort
Sonrise Sisters Two	Monday	7:15 pm	Lexington-Southside
Men's Group	Tuesday	6:30 am	Danville Cracker Barrel
Tuesday Morning Men	Tuesday	7:00 am	Frankfurt 1st UMC
Bible Study Gals	Tuesday	12:00 pm	Local Restaurants-Lexington Area
Tuesday Night Tootsies	Tuesday	7:00 pm	Lexington-off New Circle Rd.
Rainbow Connection	Wednesday	9:00 am	Lexington (various homes)
	Thursday	6:30 am	McDonalds on Limestone in Lexington (near UK campus)
Thurs. Morning Irregulars-Early	Thursday	6:45 am	Trinity Hill UMC (Lexington)
Thurs. Morning Irregulars	Thursday	8:00 am	Trinity Hill UMC (Lexington)
Thurs. Morning Faithfuls	Thursday	8:00 am	Trinity Hill UMC (Lexington)
Thursday Social Lights	Thursday	12:00 pm	Moreland (bi-weekly)
Urban Renewal	Thursday	7:00 pm	Lexington-off New Circle Rd.
CHRIST (Christ Has Risen Indeed Sisters Together)	Friday	8:00 am	Morton Middle School, Room 203 (Lexington)
Nicholasville Group	Friday	7:00 pm	Nicholasville (in members' homes)
Chrysalis Boy's small Group	Last Friday of the month	7:30 pm	Lexington-near UK
Sonrise Sisters	Saturday	7:45 am	Trinity Hill UMC (Lexington)

COMMUNITY CALENDAR

AUGUST

- 6 Gathering at Park UMC, 645 E. High, Lexington, at 6:30 PM Potluck, 7:30 Worship
- 13 Gathering at Paintsville's Mayo UMC, 705 Court Street, Paintsville, 7:00 Worship

SEPTEMBER

- 10 Gathering at St. Luke UMC, 2351 Alumni Drive, Lexington, at 6:30 PM Potluck, 7:30 Worship
- 10 Gathering at Paintsville's Mayo UMC, 705 Court Street, Paintsville, 7:00 Worship

OCTOBER

- 1 Gathering at Trinity Hill UMC, 3600 Tates Creek Rd, Lexington, 6:30 PM Potluck, 7:30 Worship
- 14-17 Men's Walk #109 at Asbury Theological Seminary, Wilmore, KY.
- 21-24 Women's Walk #110 at Asbury Theological Seminary, Wilmore, KY.

NOVEMBER

- 5 Gathering at Centenary UMC, 2800 Tates Creek Rd, Lexington, 6:30 PM Potluck, 7:30 Worship

DECEMBER

- 3 Gathering at Nicholasville UMC, 303 West Maple Street, Nicholasville, 6:30 PM Potluck, 7:30 Worship

Come to the Next Gathering!

LEXINGTON: August Gathering at Park UMC, 645 E. High, Lexington, at 6:30 PM Potluck, 7:30 Worship.

Paintsville: August Gathering at Mayo UMC, 705 Court Street, Paintsville, 6:30 PM Potluck, 7:30 Worship.

Everyone bring a dish to share: veggie/side dish, main dish, or dessert. Drinks, plates, cups, and utensils will be provided. Everyone will help clean up, so the work will be light

CHILD CARE-Child care is available at all Gatherings. Sponsors assist finding childcare for Walks.

COMMUNITY PRAYER MINISTRY-E-mail request to Judy Seitz at prayers@lexingtonemmaus.org

Lexington Emmaus Community Board of Directors

Lay Director - Kathy Rosewell
Spiritual Director - Ken Hughes
Treasurer - Gary Williams
Secretary - Patricia Walsh
Agape - Lonnie Watts
Candlelight/ Sponsor's Hour - Alan Jackson
Chrysalis - Earl Taylor
Community Shepherd - Paul Brunstetter
Facilities - John Greene
Gatherings/Kitchen - Troy Ellis
Leadership Training - Trudy Mills
Literature - Donna Jones
Music - Doug Sell
Newsletter - Cheryl Napier & David Napier
Registrar & Vice Lay Director - Susan Bryant
Supplies - Ben Thomas
Team Selection - Libby Kenney

Lexington Emmaus Community Contact Information:
P.O. Box 23554, Lexington, KY 40523-3554
www.lexingtonemmaus.org