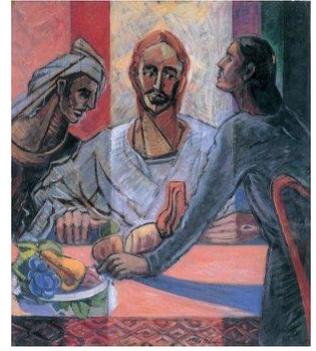


# EMMAUS

## LEXINGTON COMMUNITY



Lexington, KY

"Did not our hearts burn within us, while he talked with us by the way...?"

August 2016

***If you want to see and hear more about Belize, come witness the presentations at the August 6th Gathering***



One of my favorite choral composers, John Rutter, so eloquently expresses the necessity of choral music. Even within Emmaus, music is the thread that weaves through all talks and aspects of a Walk/Flight/Journey weekend, creating a binding force. As Rutter states, music is not a “frill”, rather an expression of our soul.

If you would like to hear his lovely accent speaking these fine words below, check out the website:

<http://blogs.jwpepper.com/index.php/john-rutter-the-importance-of-choir/>

From “John Rutter: The Importance of Choir”

“Choral music is not one of life’s frills. It’s something that goes to the very heart of our humanity, our sense of community, and our souls. You express, when you sing, your soul in song. And when you get together with a group of other singers, it becomes more than the sum of the parts. All of those people are pouring out their hearts and souls in perfect harmony, which is kind of an emblem for what we need in this world, when so much of the world is at odds with itself...that just to express, in symbolic terms, what it’s like when human beings are in harmony. That’s a lesson for our times and for all time. I profoundly believe that.

And musical excellence is, of course, at the heart of it. But, even if a choir is not the greatest in the world, the fact that they are meeting together has a social value. It has a communal value. And I always say that a church or a school without a choir is like a body without a soul. We have to have a soul in our lives. And everybody tells me, who has sung in a choir, that they feel better for doing it. That whatever the cares of the day, if they maybe meet after a long day’s school or work, that somehow you leave your troubles at the door. And when you’re sitting there, making music for a couple hours at the end of the day, that’s the only thing that matters at that moment. And you walk away refreshed. You walk away renewed. And that’s a value that goes just beyond the music itself.

Of course, as a musician, I put the music at the heart of it, but all of these other values just stand out as a beacon. I think our politicians need to take note...my gosh do they ever! [*laughs*], and our educators, those who decide education budgets, church budgets, just need to remember **it’s not a frill**. It’s like a great oak that rises up from the center of the human race and spreads its branches everywhere. That’s what music does for us. And choral music must stand as one of the supreme examples of it.”

As always, please contact me if you would like information about being involved in Emmaus and Chrysalis music ministry!

De Colores!

-Susan Waterbury, Board Music Chair



## ***Announcement – Tech person needed***

The Lexington Emmaus Community has a need for a computer technical person who would be willing to provide services for work on our Community website to include updating and maintaining the website, maintaining the domain registration for [lexingtonemmaus.org](http://lexingtonemmaus.org), as well as addressed to [laydirector@lexingtonemmaus.org](mailto:laydirector@lexingtonemmaus.org) to the current Lay Director, and the email system that is used to send out the monthly newsletter to the email subscribers.

If you are a willing and able person, please contact Joe Martin @ 859.771.7657 or [martinedco@bellsouth.net](mailto:martinedco@bellsouth.net) Please respond as soon as possible.

A great BIG “thank you” goes out to Don and Marty Wright, who have maintained and kept these valuable sources of communication available to LEC for many years.

## ***The clock is ticking.....***

Dear Community members, the summer is flying by and it’s almost time to get the kids back to school and settle into the “routine”, if there is such a thing. As you know, the Community takes the month of July off regarding regular Gathering activities to allow more time for uninterrupted family events, like vacations and just spending time together. We hope that you have been blessed with good friends and family.

As our Emmaus family begins to join together for our Gathering on August 6<sup>th</sup>, please keep in mind that we are preparing for Men’s Walk #131, Women’s Walk #132 and Journey #2 in the Fall. Please check the listed dates for these events.

One critical element that determines if ANY of these events take place..... sponsorship. The vehicle we call sponsorship is a direct reflection of the passion of our Community and desire to offer opportunity to others to experience what we call an Emmaus Walk. To be clear, our Community struggles to maintain a minimum level of pilgrims to hold walks and has for years. Without your commitment to these walks, whether it be sponsorship, team membership or otherwise, the Walks cannot be held. Simple and straightforward.

The Emmaus Community enters into contractual agreements with places like Asbury Inn and Adventureserve for lodging and facilities usage well in advance of the Walks. Frankly, we seldom know until the last minute if we will be able to hold a walk based upon Community participation (Sponsorship). We, as a Community, have been blessed with the generosity of other organizations in allowing us to hold Gatherings, Board meetings and other functions for little to no charge.

For those of us blessed to attend the recent walks in Belize, it was refreshing and exciting to hear the responses to the same two questions offered to each of us:

1. What have these three days meant to you?
2. What are you going to do about it?

Lord, help us to remember our experience, renew our excitement with Your presence, rekindle the fire of your love.



## ***Newsletter...***

If you have a friend or recent pilgrim who is not receiving the Newsletter please share this subscription information with them.

To subscribe to the monthly Newsletter please visit [www.lexingtonemmaus.org](http://www.lexingtonemmaus.org) Click on “newsletter subscribe” on the left hand side of the home page. This will take you to the subscription page. The newsletter editor does not physically manage the list of subscribers so you must read all the instructions on this page. Subscription is a two-part process.

Part 1: Enter your email address and select subscribe from the drop down list.

Part 2: You will receive a confirmation email from the list server. You must respond to this email as directed. Subscription is not complete until you respond to this email.

New and archived newsletters are always available on the Community website for you to read anytime.

## ***Hello, Lexington Emmaus community!***

My name is Bruce Hiner, and I serve in the role of community Shepherd as a member of the Board of Directors. One of the things that means is the privilege of encouraging you to be an active member of a reunion group, or another accountability group. According to the Upper Room Ministries webpage, “The objective of Emmaus is to inspire, challenge, and equip the local church members for Christian action in their homes, churches, communities and places of work.” As you heard many times on your pilgrim walk (and probably elsewhere, as well), it is almost impossible to be the disciple God wants us to be all alone, to be able to live that life of grace. As the body of Christ we need each other. We need the encouragement and accountability that can only come from brothers and sisters in Christ. If we are to be a force to change our world, we must come together and gain strength from each other.

You have heard all this before, but somehow it is still way too easy to put off taking this crucial step. We want to help you as much as we can, so you will find right below this article our latest list of reunion groups around the Lexington area. If you are part of a group that is not listed, please let me know and we will fix that. If you want to start a group, perhaps with the people that sat at your table on your walk, please contact me and I will help you find any help you need to do so. And of course, so I can get your group on the list!

Friends, if you are not part of a group of believers that are praying for you, encouraging you and asking you hard but important questions about “how is it with your soul today?”, then you are not receiving all of the power for Christian living that is available to you. Don't you want more power?

**Check out “Lexington Emmaus Community” on Facebook for information, updates, prayer requests, and weekly musical devotions!**



## ***Future Walk and Flight Dates...***

2016 & 2017

October 6-9, 2016	Men's Walk #131
October 13-16, 2016	Women's Walk #132
November 25-29, 2016	Journey #2
April 20-23, 2017	Men's Walk #133
April 27-30, 2017	Women's Walk #134
October 5-8, 2017	Men's Walk #135
October 12-15, 2017	Women's Walk #136

Delanna Turley, Lay Director

Group	Day	Time	Location	Contact	
Frankfort Ladies Reunion Group ( <i>women</i> )	Monday	4:00 PM	Member's Homes (Frankfort)	Martha Armstrong	budbuzzie@gmail.com 502-320-9283
Main Street Men	Monday	6:00 AM	Grace Coffee, Cafe & Bakery; 740 Bypass Rd. (Winchester)	Joe Martin	859 771-7657
Bible Study Gals ( <i>women</i> )	Tuesday	12:00 PM	Local Restaurants-Lexington Area	Marty Wright	martybob@wrightsrealm.com; 859 224-3736
Tuesday Morning Coffee ( <i>women</i> )	Tuesday	10:00 AM	101 Windsor Way, Nicholasville	June LeMaster	859 885-3030
Tuesday Morning Men's Group	Tuesday	10:00 AM	220 Orchard Dr. Nicholasville	Gus Lavin	859 305-6113
Urban Renewal ( <i>Men</i> )	Tuesday	7:00 PM	782 Sherwood Drive, Lexington	Herb Southgate	<a href="mailto:hfsouth@windstream.net">hfsouth@windstream.net</a> ; 589 278-9259, 843 290-6161
Lexington Restorers ( <i>Men</i> )	Tuesday	6:30 PM		Andy	859 948-2828
Rainbow Connection ( <i>women</i> )	Wednesday	9:00 AM	Lexington (various homes)	Marty Sell	859 296-1038
Amazing Grace Group ( <i>men</i> )	Wednesday	6:30 AM	McDonalds on Limestone (Lexington)	Paul Purcell	phpurcell@windstream.net 859 661-0192
Chicks for Christ <i>#lonesometwosome</i>	Wednesday	7:00 PM	The Rock Cafe (Paris)	Jen Marshall	859 707-9282
Thurs. Morning Irregulars - Early ( <i>men</i> )	Thursday	6:45 AM	Trinity Hill UMC (Lexington)	Doug Sell	859-296-1038
Eight Is Enough	Thursday	7:00 AM	Trinity Hill UMC (Lexington)	Kevin Fitzpatrick	859 553-2510
Thurs. Morning Irregulars - Late ( <i>men</i> )	Thursday	8:00 AM	Trinity Hill UMC (Lexington)	Jim Eastburn	859-576-8765
Thursday Morning Regulars	Thursday	8:00 AM	Trinity Hill UMC (Lexington)	Lonnie Watts	<a href="mailto:lbwatts@twc.com">lbwatts@twc.com</a> ; 859 619-3416
Walk 124 Group ( <i>women</i> )	Every other Thursday	7:00 PM	Westside Community UMC (Danville / Hustonville)	Charley Watson	606-706-2244
The Group With No Name ( <i>men</i> )	Thursday	6:15 AM	Chick fil-a on Harrodsburg Rd. (Lexington)	Bill Alley	bjr538@gmail.com
SecondFridays	2 <sup>nd</sup> Friday of month	7:00 PM	Caffeinated Colonel (Richmond)	Ginny Whitehouse	ginny.whitehouse@eku.edu 509 220-9426
Saturday Brunch Bunch	3 <sup>rd</sup> Sat of month	11:30 AM	various locations in Lexington	Maria Richie	mrichie321@yahoo.com

***Gatherings...***

**August 5**

**Trinity Hill UMC, Lexington  
3600 Tates Creek Road**

**6:30 Potluck  
7:30 Worship**

September 2 — Centenary UMC, Lexington  
October Gathering at Men's Walk Candlelight

**LEXINGTON EMMAUS COMMUNITY**

P.O. BOX 23554  
Lexington, KY 40523-3554

Return Service Requested