

EMMAUS

LEXINGTON COMMUNITY



Lexington, KY

"Did not our hearts burn within us, while he talked with us by the way...?"

February 2015

Means of Grace...

a message from our Spiritual Director

With a clean sheet of paper...high idealism...a spirit of cooperation and charity...prepare for the next...

We recognize these words; we expect the pilgrims or caterpillars on each walk or flight to be ready to hear what God would say to them through the next speaker. I believe these words may be appropriate for us to hear as a community.

With a clean sheet of paper...this is the beginning of a new year, possibly a very special year. We have been told this is the 30th anniversary year of the Lexington Emmaus Community. I see two things for which we may need to be aware. First, anytime we hear the word "new" it can be negative or positive. Positive – could mean new and exciting things can be happening - our partnership with the newly formed Belize Emmaus Community, our "experiment" with AdventureServe for Chrysalis. (Maybe men's walks?) We look forward to what the Holy Spirit will do on the upcoming walks and flights. (Maybe a Journey this year?)

Negative – the word new can mean "change" and we all know change can be difficult. Here's where high idealism, a spirit of cooperation and charity may come in. As we work and pray together this coming year we will see God work among us.

As we think about the 30 year anniversary, again a positive and negative can be seen. Positive would be the wonderful fact so many people have been touched by God through Emmaus in the last 30 years and we are still going!! Two sets of walks and a set of Chrysalis are happening each year! We are stretching ourselves by looking into Journey and Belize, good things are happening.

Negative – unfortunately it is a known fact that "movements" can lose momentum with the passing of time. Apathy can set in, problems become bigger than opportunities, decline can happen. Yes, as a movement becomes more of an established entity there can be a tendency to lose sight of the original goal and get bogged down in issues, logistics, problems and personnel interactions.

Prepare for the next...if you look back at this article you can see some negatives, some challenges but they are outweighed by the positives, in my opinion. I don't believe we have lost sight of our goal to make each walk or flight a Spirit-led, wonderful, helpful and life changing event for each pilgrim or caterpillar. We are reaching out to Belize. We are willing to follow God's leading and try AdventureServe camp setting. Prepare for the next... prepare, pray, work, follow God's leading and see what God has planned for the Lexington Emmaus Community in 2015.

De Colores

Bob Coppings

Fourth Day...

Community Leadership Training Day

On Saturday, January 31, 2015 you have an extraordinary opportunity to continue your Fourth Day commitment to our Lord! The Lexington Community is hosting a “training day” from 9:00 a.m. until Noon at Trinity Hill UMC at 3600 Tates Creek Rd. in Lexington. This event is for everyone whether you have served on teams or are new to the community. It is designed to give everyone a better understanding of how this community and the Walk to Emmaus works in the background and on teams. There will be focus sessions on Servant Leadership, Sponsorship and Vitality. There will also be break out sessions (you can choose two) on Table Leadership/Talk Preparation; Music; Technology; Agape; Facilities; Kitchen; and Prayer.

We urge you to participate in this important training event that will serve to both educate and strengthen your Fourth Day service to Christ through your service in your home church and the Walk to Emmaus.

If you have any questions, please feel free to contact Dave Wolfe at david@wallingfordlaw.com or on his cell at 859-797-2622.

Christian Action...

an opportunity to serve at our next Gathering

Please join us on **Saturday, February 7** for our monthly Gathering with a real opportunity of Christian Action! The Lexington Emmaus Community is developing a partnership with Adventure Serve. (Some of you may remember it as the campground in Wilmore where Ichthus was once held.) The Chrysalis teams will begin the day with a devotion and communion at **8:30 a.m.** and the Community is invited to join them. Afterwards we will have a “work day” to help ready the AdventureServe facility for the Chrysalis flights. There will be a **potluck lunch at 11:30**. Work will continue into the afternoon. The more participation we have the lighter our work will be.

Come for the entire day or for whatever time you can. Join us as we work side by side to further the Kingdom by preparing for our Chrysalis flights. Directions to AdventureServe are on the Emmaus website at www.lexingtonemmaus.org



Growth Through Study...

a book review: Attitude is Your Paint Brush; It Colors Every Situation

Years ago my grandmother said, “Make sure you always check your attitude.” She did not ever read a James Moore book but her kind of wisdom is what he writes about in Attitude is Your Paint Brush; It Colors Every Situation. In his introduction he refers to Romans 12:1-2 as the focus for his book.

I appeal to you therefore my sisters and brothers, by the mercies of God, to present your bodies as living sacrifices, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect.

Our attitude goes a long way toward determining who we are and how we live day to day. By choosing God’s attitude, the face of Christ, and the wisdom of the Holy Spirit, we can present His “attitude” over that of the world. James Moore’s conversational writing style brings you, the reader, into a place where you can relate to every example and realize how you could be different; positive vs negative, hopeful vs hopeless, and light vs of dark.

(continued on next page)

Some of the “attitudes” covered are Compassion, Confidence, Determination, Humility, and Open-Mindedness to just name a few. Each of the thirteen chapters begins with a Scripture focus and has at least three main points with examples from everyday lives. I just read this for myself, but if you wish to share with a small group it has a study guide included at the back of the book. Sally Sharpe has crafted questions for discussion with others or for personal reflection.

My favorite chapter was the one on Faith. The three points Moore makes are trust, risk and work. I recently read in another book the Greek definition according to W. E. Vines for faith has three main elements; first a firm conviction producing a full acknowledgement of God’s revelation or truth, second a personal surrender to Him, and last a conduct inspired by such surrender. The trust is the full knowledge, the risk is the surrender, and the work is putting action to our faith. All challenges me to seek Him more fully and surrender to His will while making a choice to behave as a follower.

Reading books that challenge me to grow through study and seek holiness is what I love these days. I can recommend this one as an easy read and yet full of food for thought.

Patricia Walsh

Priorities...

Events for your calendar



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|-----------------|--------------------------------------|-----------|---|
| January 31 | Leadership Training Day | 9:00–Noon | Trinity Hill UMC 3600 Tates Creek Road, Lexington |
| February 7 | Gathering/Workday | | AdventureServe Camp 709 East Main Street, Wilmore 8:30 a.m. Devotions and communion 11:30 a.m. Potluck lunch |
| February 14-16 | Chrysalis Flight #37 | | <i>Evan Collins and Susan Bryant, Lay Directors</i> |
| Saturday | Send Off/Sponsor’s Hour | 8:00 a.m. | AdventureServe Camp |
| Sunday | Agapeland | 5:00 p.m. | Wilmore UMC, lower level 209 East Main, Wilmore |
| | Candlelight | 8:00 p.m. | Wilmore Community Missionary Church 702 East Main, Wilmore Church doors will open at 7:45 p.m. |
| Monday | Closing | 4:00 p.m. | Wilmore Community Missionary Church |
| March 6 | Gathering, Paris 1 st UMC | 6:30 p.m. | Potluck, worship @ 7:30 p.m. |
| | 230 Second Street, Paris | | |
| April 9 – 12 | Men’s Walk #127 | | <i>Lonnie Watts, Lay Director</i> |
| April 23 – 26 | Women’s Walk #128 | | <i>Jane Yerace, Lay Director</i> |
| October 8 – 11 | Men’s Walk #129 | | |
| October 22 – 25 | Women’s Walk #130 | | |



Deadlines for Registration

Chrysalis #37
Men's Walk #127
Women's Walk #128

January 25
March 19
April 2

Life in Piety...

Praying for each other



Have a prayer request? Contact Bob Coppings (elibobcon@att.net or 606 367 8660) and he will put it on the Lexington Emmaus prayer chain. Also, if you are interested in joining this prayer chain please contact Bob.

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Return Service Requested