

EMMAUS

LEXINGTON COMMUNITY



Lexington, KY

"Did not our hearts burn within us, while he talked with us by the way...?"

March 2007

THE NUTCRACKER SWEET

Around Christmas time at our house, we have a traditional dessert known as a Nutcracker Sweet. It's a little like a hot fudge sundae, but has so much more. Besides the hot fudge and ice cream, it has marshmallow sauce and Spanish peanuts. Topping it is whipped cream, a cherry, and a wafer cookie. It is served in a glass tulip sundae dish, and all the ingredients must be layered in just the right order and the right amounts for it to taste as fantastic as you must be imagining it right now!

When we serve the Nutcracker Sweets, we could just as easily serve hot fudge sundaes. We could even garnish them with a little whipped cream and no doubt our guests would eat them and enjoy them. They might even comment on how good they tasted and how much they loved hot fudge sundaes. But when our guests are served Nutcracker Sweets, there is no doubt that they have received something very special. The memory of it lasts far longer than even the best hot fudge sundae.

Occasionally, I have had all the ingredients on hand except for one, but that is unacceptable. My wife has literally made me go to the store for a package of wafer cookies, because it's not a Nutcracker Sweet unless it has every single one of the items in the tulip sundae dish.

We can be assured that Pilgrims attending a Walk to Emmaus will be touched by God, but we must guard against the tendency to just give them a hot fudge sundae instead of going for the Nutcracker Sweet. The Walk to Emmaus contains many ingredients common to other retreats and no doubt the Pilgrims enjoy them. Only by focusing on those items that are uniquely "Emmaus" can it be turned into something very special that will be remembered for a long time.

Handwritten letters from people telling you they have fasted for you... Homemade snacks dripping with love... Table agape instantly recognized as a time sacrifice... These are the makings of a weekend that a Pilgrim will never forget.

Why don't you resolve now that you will do all in your power to make this next Walk a Nutcracker Sweet weekend? If we as a Community do this, then I think we will realize Tony Hale's dream that he told us about last month of having a waiting list for our Walks.

DeColores,
Keith Wright

NEW BOARD MEMBER

Please join me in a warm welcome to Libby Kenney who has accepted the Gatherings position on the Board. Libby is already hard at work building a committee to get things done!! I know she will be a great asset to the Board and the Community.

DeColores,
Marty

MEETING YOUR EMMAUS BOARD – MARTY WRIGHT

Hi, it is an honor to serve as your Community Lay Director for 2007. I have been a "stay at home mom" for about twenty-three years. Now I'm just a "stay at home" because my two girls have gone away to college. I'm still a mom but boy has that job description changed! I am also married to the Community Webmaster!

Over the years I have been blessed with many opportunities to study God's word in several different Bible Studies in Lexington. Recently my favorite Bible verse has been Jeremiah 15:16; "When your words came, I ate them; they were my joy and my heart's delight, for I am called by your name, O Lord God Almighty." This verse sums up my feeling for the study of God's word. I "eat up" everything I can to learn more about our Mighty God and His plans for me and this world. It is a delight to dig deeply into the Scriptures and plumb the depths of God's love for us. I keep remembering the Growth Through Study talk on the Walk that encourages us by saying, "You can't have a relationship with someone without getting to know them more and more as the years go by." That's why I study, to know Our Lord Jesus Christ more intimately year after year. As I get to know Him, my hunger for His word grows and I get to know Him even more. He is my joy and my heart's delight.

DeColores, Marty Wright

KRYMSON IN MARCH

Krymson is known throughout the southeast for their high-energy performances, contagious praise, and worship and a unique sound that appeals to all ages. Krymson has played at over 300 events in seven states. Having attended Chrysalis, they are a part of our "family". Everyone particularly our children will enjoy and be encouraged with their leadership and heart for worship.

"Though your sins be red as crimson they shall become white as wool" Isaiah 1:18

GATHERINGS

MARCH

LEXINGTON, The March Gathering will be March 2, 2007, at St. Luke UMC, 2351 Alumni Drive, Lexington, 6:30 PM Potluck, 7:30 Worship. **Krymson is coming!**

Everyone bring a dish to share: veggie/side dish, main dish, or dessert. Drinks, plates, cups, and utensils will be provided. Everyone will help clean up, so the work will be light.

PAINTSVILLE, The March Gathering will be March 9, 2007, at Mayo UMC, 705 Court Street, Paintsville, 7:00 PM Worship, Fellowship and Food Following

APRIL

LEXINGTON, The April Gathering will be April 13, 2007, because of the conflict with Good Friday, at St. Luke UMC, 2351 Alumni Drive, Lexington, 6:30 PM Potluck, 7:30 Worship.

Everyone bring a dish to share: veggie/side dish, main dish, or dessert. Drinks, plates, cups, and utensils will be provided. Everyone will help clean up, so the work will be light.

PAINTSVILLE, The April Gathering will be April 13, 2007, at Mayo UMC, 705 Court Street, Paintsville, 7:00 PM Worship, Fellowship and Food Following

PLEASE NOTE: BECAUSE OF THE CONFLICT WITH GOOD FRIDAY THE LEXINGTON AND PAINTSVILLE GATHERINGS IN APRIL ARE ON THE SAME DAY.

GIRL'S CHRYSALIS FLIGHT

The Girl's Chrysalis Flight #28 was on February 9 – 11, 2007, at Boone's Creek Camp.



- Row 1: Anne Miller, Margie Groves, Katie Beeles
Row 2: Gail Isaac, Amy Cannon, Hali Puumala, Mary Hamilton, Emily McGuire, Beth Pope, Rachel Williams, Hannah Groves, Chelle Sampl, Alicia Ferguson
Row 3: Krystin Powers, Dawn Sparks, Theresa, Hedrick, Ashlei Rogers, Dori Hundley, Kelly Hamilton, Lacy Heismann, Stephanie Isaac, Kelli Dehr, Courtney Owens, Cindy McDaniel
Row 4: Greg Williams, Aaron Samson, Steve Peyton, Jamie Williams, Jesse Yoder, Joey Groves, Erica Wright
Not Pictured: Jerri Williams, Mindy Hillard, Taylor McConnell, Ryan Cople

RECIPE OF THE MONTH – STUFFED FRENCH TOAST – JUDY SEITZ

1 loaf white bread
*1 8-oz package cream cheese, room temperature
10 eggs
1/4 maple syrup (or Log Cabin)
1 1/2 cups Half and Half
1 tsp cinnamon
1/4 tsp ground nutmeg
1 stick butter, melted

Cube bread and layer half into a 13 x 9 inch pan. Put cream cheese in microwave for one minute on Power Level 2 (20%) to make it spreadable. Spread over bread. Top with other half of loaf. Whisk together eggs, syrup, Half and Half, cinnamon, and nutmeg. Stir in melted butter. Pour over bread. Cover and refrigerate overnight. Bake uncovered at 350 degrees for about 40-50 minutes. DO NOT over bake. Serve with syrup. *For an extra rich recipe, double the cream cheese. You can also add a layer of fruit, such as sliced strawberries, peaches, or blueberries.

MEN'S WALK #95 AND WOMEN'S WALK #96

Please pray for the men and women serving on our two spring Walks.

POSITION	MEN'S WALK #95		WOMEN'S WALK #96
Lay Director	Tim Miller		Donna Eastburn
Lay Director in Training	Jeff Miller		Fredda Hibpshman
Spiritual Director	Bob Coppings		Alan Jackson
Assistant Spiritual Director	Bruce Nettleton		Donna Jones
Assistant Spiritual Director	John H. Williams		
Assistant Spiritual Director	Chuck Beighle		
Assistant Lay Director	Tony Hale		Connie Coppings
Assistant Lay Director	Ted Gyorffy		Kathy Rosewell
Music Director Leader	Jesse Yoder		Marcy Yoder
Assistant Music Leader			Mary Baker
Table Leader	Jeff Miller		Trudy Mills
Table Leader	Doug Butler		Susie Galloway
Table Leader	Harold Burton		Wanda Miller
Table Leader	Bill Anderson		Sallie Stebbleton
Table Leader	Gary Williams		Nancy Clayton
Table Leader			Pam Werkmeister
Assistant Table Leader	Harold Mills		Martha Hahn
Assistant Table Leader	Jerry Goerz		Robertta Wolff
Assistant Table Leader	Ben Bowman		Karen Riggs
Assistant Table Leader	Darryl Hofe		Gerri Ash
Assistant Table Leader			Merlene Rodgers
Assistant Table Leader			Regina Burris
Technology Coordinator			Teri Dowdy
Chapel Leader	David Baugh		Carol Frazelle
Chapel Assistant	Ray Werkmeister		Molly Burlew
Kitchen Leader	Ken Hall		Peggy Whyte
Assistant Kitchen	David Wolf		Charlene Frederich
Assistant Kitchen	Doug Sell		Mary Twitty
Agape Leader	Norm Galloway		Marty Sell
Agape Assistant	Chuck Rogers		Michelle Morris
Agape Assistant	Ben Thomas		Libby Kenney
Agape Assistant?	Joe McVey		Sarah Hood
Agape Assistant	Terry Burlew		Teresa Thomas
Agape Assistant	Gary Bowling		Nancy Wall
Facilities Leader			Doug Butler
Facilities Assistant			Andrea Miller
Facilities Assistant			Tony Hale
Facilities Assistant			Rahsaan Berry

SYMPATHY

We extend our sympathies to the family of Jeff Miller at the loss of Jeff's two sisters last month. Please join us in praying for him and his extended family.

If you know of anyone in our community who is sick or has lost a loved one please notify the Board.

COMMUNITY WEBSITE

The community has a message board at the community website. (lexingtonemmaus.org) We hope everyone will use the message board for community information and prayer requests.

PRAY FOR THESE WALKS IN OTHER COMMUNITIES

March 1 - 4, 2007

Men's Walk Alaska Emmaus, 33 Alaska
Women's Walk Alaska Emmaus, 33 Alaska
Men's Walk Central California Emmaus, 117 California
Men's Walk Columbine Emmaus Community, 7 Colorado
Women's Walk Wasatch Front Emmaus, 11 Utah
Women's Walk Richmond Area Emmaus, 50 Indiana
Women's Walk Southwest Indiana Emmaus, 34 Indiana
Men's Walk Northeast Emmanuel Emmaus, 30 Michigan
Men's Walk Lagniappe Country Emmaus, Walk 44 Louisiana
Men's Walk Show Me The Way Emmaus, 42 Missouri
Men's Walk Brazos Valley Emmaus, 68 Texas
Women's Walk Central Texas Conference Emmaus, 306 Texas
Men's Walk Alabama Emmaus, 316 Alabama
Men's Walk Atlanta South Emmaus, 34 Georgia
Men's Walk Owensboro Emmaus Community, 85 Kentucky
Men's Walk Albemarle Emmaus, 71 North Carolina
Men's Walk Foothills Emmaus, Men's Walk 34 South Carolina
Men's Walk Highland Rim Emmaus Community, 21 Tennessee
Men's Walk West Tennessee Emmaus, 80 Tennessee

March 8 - 11, 2007

Women's Walk Central California Emmaus, 118 California
Women's Walk Columbine Emmaus Community, 8 Colorado
Men's Walk Idaho Emmaus, 48 Idaho
Men's Walk Greensburg Area Emmaus, 34 Indiana
Women's Walk Southwest Indiana Emmaus, 34A Indiana
Women's Walk Cedar Rapids Emmaus, 129 Iowa
Women's Walk Northeast Emmanuel Emmaus, 31 Michigan
Women's Walk West Michigan Emmaus, 28 Michigan
Men's Walk Northern Lights Emmaus, 23 Ohio
Women's Walk Ohio Valley Emmaus, 37 Ohio
Men's Walk Dakota's Emmaus, 27 South Dakota
Men's Walk Bread of Life Emmaus, 85 Kansas
Women's Walk Show Me The Way Emmaus, 43 Missouri
Men's Walk Golden Spread Emmaus, 195 Texas
Women's Walk Houston North Emmaus Community, Inc., 39 Texas
Women's Walk Mesquite Country Emmaus, 70 Texas
Women's Walk Atlanta South Emmaus, 43 Georgia
Men's Walk Elizabethtown Emmaus, 102 Kentucky
Women's Walk Owensboro Emmaus Community, 86 Kentucky
Men's Walk Pamlico Area Emmaus, 50 North Carolina
Women's Walk Emmaus of the Midlands, 30 South Carolina
Women's Walk Foothills Emmaus, Women's Walk 34 South Carolina
Men's Walk Nashville Emmaus Community, 150 Tennessee

March 15 - 18, 2007

Women's Walk Idaho Emmaus, 48 Idaho
Women's Walk Central Illinois Emmaus, 201 Illinois
Men's Walk Wabash Valley Emmaus, 37 Illinois
Women's Walk Greensburg Area Emmaus, 45 Indiana
Men's Walk Michiana Emmaus Community, 21 Indiana
Men's Walk Michiana Emmaus Community, 21 Indiana
Women's Walk Lansing Area Emmaus, 66 Michigan
Men's Walk Mid-Michigan Emmaus Community, 41 Michigan
Men's Walk East Ohio Emmanuel Emmaus, 63 Ohio
Women's Walk Dakota's Emmaus, 28 South Dakota
Women's Walk Bread of Life Emmaus, 86 Kansas

March 15 - 18, 2007 (continued)

Women's Walk Lagniappe Country Emmaus, Walk 45 Louisiana
Women's Walk Northeast Louisiana Emmaus Community, 5 Louisiana
Women's Walk Northeast Louisiana Emmaus Community, 5 Louisiana
Men's Walk Chesapeake Walk to Emmaus, 28 Delaware
Men's Walk Wyoming Conference Emmaus/Chrysalis Community INC, 78 New York
Men's Walk Lynchburg-Central Virginia Emmaus, 55 Virginia
Women's Walk National Capital Area Emmaus, E-134 Virginia
Men's Walk Tampa Bay Area Emmaus, 1 Florida
Men's Walk Coastal Georgia Emmaus, 84 Georgia
Men's Walk Dayspring Emmaus, 58 Georgia
Men's Walk North Georgia Walk to Emmaus, 123 Georgia
Women's Walk Elizabethtown Emmaus, 103 Kentucky
Men's Walk Lexington Emmaus, 95 Kentucky
Men's Walk Lexington Emmaus, 95 Kentucky
Men's Walk Northern Kentucky Emmaus, 25 Kentucky
Women's Walk Koinonia Emmaus, 42 Mississippi
Women's Walk Albemarle Emmaus, 72 North Carolina
Women's Walk Coastal Carolina Emmaus, 57 North Carolina
Women's Walk Highland Rim Emmaus Community, 22 Tennessee
Women's Walk West Tennessee Emmaus, 81 Tennessee

March 22 - 25, 2007

Women's Walk Northern California/Nevada Emmaus, 48 California
Women's Walk Wabash Valley Emmaus, 37 Illinois
Women's Walk Michiana Emmaus Community, 22 Indiana
Women's Walk Mid-Michigan Emmaus Community, 42 Michigan
Women's Walk East Ohio Emmanuel Emmaus, 63 Ohio
Men's Walk Greater Sidney Area Emmaus, 37 Ohio
Women's Walk Northern Lights Emmaus, 27 Ohio
Men's Walk Missouri East Emmaus, 112 Missouri
Men's Walk Cradle of Texas Emmaus, 30 Texas
Men's Walk Greater Fredericksburg Area Emmaus, E-66 Virginia
Women's Walk Southwest Virginia Emmaus, 119 Virginia
Women's Walk Chesapeake Walk to Emmaus, 28 Delaware
Men's Walk Maryland Emmaus, 144 Maryland
Women's Walk Tampa Bay Area Emmaus, 1 Florida
Women's Walk Coastal Georgia Emmaus, 85 Georgia
Women's Walk Dayspring Emmaus, #59 Georgia
Women's Walk North Georgia Walk to Emmaus, 153 Georgia
Women's Walk Lexington Emmaus, 96 Kentucky
Women's Walk Koinonia Emmaus, 43 Mississippi
Women's Walk Emmanuel Emmaus, 91 North Carolina
Women's Walk Mountain Top Walk to Emmaus®, 133 North Carolina
Women's Walk Pamlico Area Emmaus, 51 North Carolina
Women's Walk Nashville Emmaus Community, 151 Tennessee
Men's Walk Big Bend Emmaus, 43 Florida
Men's Walk Grace Emmaus Community of the Carolinas, 19 North Carolina
Men's Walk Grace Emmaus Community of the Carolinas, 18 North Carolina
Men's Walk United Emmaus, 94 Tennessee

KRYMSON IS COMING TO THE MARCH GATHERING!

COMMUNITY CALENDAR

March

- 2 Gathering at St. Luke UMC, 2351 Alumni Drive, Lexington, 6:30 PM Potluck, 7:30 Worship
- 9 Gathering at Paintsville's Mayo UMC, 705 Court Street, Paintsville, 7:00 Worship
- 12 Emmaus Board Meeting, St. Luke UMC, 2351 Alumni Drive, Lexington, 6:00 PM
- 15-18 Men's Walk #95
- 22-25 Women's Walk #96

APRIL

- 9 Emmaus Board Meeting, St. Luke UMC, 2351 Alumni Drive, Lexington, 6:00 PM
- 13 Gathering at St. Luke UMC, 2351 Alumni Drive, Lexington, 6:30 PM Potluck, 7:30 Worship
- 13 Gathering at Paintsville's Mayo UMC, 705 Court Street, Paintsville, 7:00 Worship

Be sure to check the Message Board on the Community Website for prayer requests and other information.

Registration forms should be sent to:

Lexington Emmaus Community,
ATTN: Registrar, P.O. Box 23554, Lexington KY 40523-3554

Registration forms may be obtained from:

the address on the left or our Web site:
www.lexingtonemmaus.org

LEXINGTON EMMAUS COMMUNITY

3401 Cornwall Drive
Lexington, KY 40503

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