

# LEXINGTON Emmaus COMMUNITY



Lexington, KY

*"Did not our hearts burn within us, while he talked with us by the way ... ?"*

May 2003

## AGAPE OR MEMENTO?

By Mark Carnes, National Agape Chairperson,  
National Lutheran Secretariat

(Originally printed in Southern AZ Lutheran Cursillo Newsletter)

<Continued from the April Issue>

One final example. When I spend significant time writing personal notes to people who are attending weekends, is that agape? Most certainly it is. We all know how much time and effort that takes. It is certainly sacrificial. It does demonstrate the act of servanthood and can be easily enhanced by prayer to undergird what we write. This is a great form of agape, but some of us are not gifted in the writing area, so don't consider this the best or only form of agape available. It is just one of many. Creativity can be unlimited in agape. One great suggestion I heard is the donation of time at a soup kitchen in the name of the pilgrim. A great act of servanthood.

Does this focus on sacrifice mean that the remarkable and wonderful technology we have at our fingertips cannot be used to create agape? Of course not. The key here is that technology can assist us in creating the means to inform others of our agape but is not the agape in and of itself. Let me try to clarify that. Downloading agape from a well-intentioned website and printing it is not agape. You can turn that into agape by adding the element of sacrifice to the gift. Suppose that you download a beautiful poem and graphic from an agape web site. I might do this because I am creatively challenged. What I have here is the start of a great agape project but it is not complete. I must then make the sacrifice. I must demonstrate my servanthood. I could do this by adding a note telling the pilgrim that I will be in prayer for them for an hour during their weekend. When I then complete my commitment by praying for the pilgrim and sacrificing my time in servanthood, I have genuine agape.

I think at this point you have picked up on the common threads. They are PRAYER and SERVANTHOOD. These are clearly sacrificial and thus they are agape. If your agape can pass the test of these elements, then it is true agape. If it cannot, it is not agape, and it is only a pretty gift or trinket.

In closing, I would like to reiterate one point. Prayer is the ultimate agape. We all know that prayer drives our movement and our local weekends, but it is also the key to the fulfillment of the weekend for each pilgrim. I would trade a hundred mementos for one hour of sacrificial prayer.

Think of the memento as the notification tool for your prayer sacrifice, and you can't go wrong.



## Greetings from the Spiritual Director!

Hebrews 10:23-25 reads "Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more, as you see the day drawing near." All of us as Christians need fellowship and support. It is important that we not only meet regularly in our home church every week, but also be involved in our Lexington Emmaus community at our Gatherings, Hoots, Activities and places of leadership in our local church and Emmaus community.

There is an old saying, "You only get out of life what you put in it!" How true that is! Another saying I'm sure you have heard, "If you want friends, then you have to be a friend." Friends! I've been missing a lot of you who have gone on Emmaus or Chrysalis Walks. Let's make it a point to be in fellowship as often as possible. I know you cannot be present at every function, but please make an effort to be part of the Emmaus Community which supported you when you were on your Walk or Flight.

Some of you may have some concerns. That is why, as the Lexington Emmaus Spiritual Director, I want to be available to you. If you need to talk to me, do not hesitate to contact me at (859) 498-2470 at church; (859) 498-1870 at home; (859) 585-3646 cell phone or fax me at (859)498-6364. Remember, Jesus loves you and I love you, too!

Your Servant in Christ,  
Fred Wiles  
Lexington Emmaus Spiritual Director

P.S. Any clergy who would like to talk or be involved in the walks or flights contact me immediately!

## International Walk to Emmaus 25<sup>th</sup> Anniversary

*Donations Needed for Ghana Emmaus Community*

The International Walk to Emmaus 25<sup>th</sup> anniversary will be celebrated in Nashville from July 24 to 27, 2003. This will be an outstanding program if you can attend. Information on the event is available on the Emmaus web site at [www.upperroom.org/Emmaus/25th/](http://www.upperroom.org/Emmaus/25th/).

In conjunction with this celebration, our community has been asked to sponsor two travelers to the conference from the Emmaus Community in Ghana, West Africa. Our community originally sponsored this community. In January, 1996, 21 members of the Lexington Community joined 6 other Americans in Amsterdam and traveled on to Accra, Ghana. Three weeks later the Ghanaian Emmaus Community was born and has now sponsored more than a thousand pilgrims through their Walks. This is a great opportunity for us to help them celebrate with Emmaus pilgrims from all around the world and for us to renew our ties with the wonderful Christians in Ghana. We will need about \$5,000 for this. Please make donation checks payable to the Lexington Emmaus Community and indicate "Ghana" as the purpose. Bring your donation to the May Gathering or mail your donation to :

LEXINGTON EMMAUS COMMUNITY  
Attn: Registrar  
P. O. BOX 23554  
LEXINGTON, KY 40523-3554

(A short history of the Emmaus movement in Ghana can be found on the next page.)

De Colores,  
Norm Galloway

*(The 25th Anniversary Celebration of the International Walk to Emmaus will occur July 24-27, 2003 at the Nashville Convention Center in Nashville, Tennessee, USA. Begin making plans now to attend this grand reunion. We look forward to a festive fellowship of people from around the world who have participated in the Emmaus movement. Worship, music, and dynamic presentations will resound as we celebrate the many colors of God's grace as they shine through The Walk to Emmaus.)*

## Emmaus in Ghana

(reprinted from the Ghana Emmaus Community Newsletter, April, 1996)

Rev. Dr. Mathias Forson whilst studying in the U.S., had the opportunity to participate in an Emmaus Walk. After an experience which cannot be easily explained in words, he felt that other Christians in Ghana should have that experience too. He immediately initiated several contacts exploring the possibility of having the Walk in Ghana. He continued his efforts on his return home and by God's grace seven Ghanaians were invited to participate in both Men's and Women's Walk in March, 1995 in Lexington, Kentucky.

All seven were more than convinced that the experience of Emmaus was worth sharing by all Christians and immediately met with the Lexington team to discuss how the Walk to Emmaus could be held in Ghana. Several preparatory meetings and correspondence went on between the Ghana team and the American team and January, 1996 was fixed for the first Walks.

Unlike all other programs, persons who attend Emmaus Walks are sponsored by someone. For our first Walk, we had to invite people to participate. Backed by constant prayer, speakers, pilgrims and Team Members were selected and the 11-14th and 18-21st January, 1996 were chosen for the Men's and Women's Walks respectively to be held at the Presbyterian Women Centre at Abokobi, a suburb of Accra.

As we were preparing for the Walks, we came into contact with two couples from America who had participated in the Walk to Emmaus and were resident. On the 6th of January, 1996, a team of twenty-seven(27) Americans arrived in Ghana to join the Ghana team of eleven to finalize the arrangement and preparations for the Walks.

The first Men's Walk to Emmaus began with twenty-nine pilgrims. This was followed on the 18th of January, 1996 with twenty-seven women at the same venue.

In all the Walks, the love of God was amply demonstrated by various acts of Agape from both America and Ghana. The bond that united and

bound us together cannot be explained.

Oh Yes! God cannot be limited. His love, friendship and mercy traveled from America to Ghana. The Walks were spiritually refreshing for all who participated. This was evident from the many testimonies given at the end of the Walks.

How we all need to take time out of our crowded schedule to be in the presence of the Lord.

Yes indeed, a dream comes true. Walk to Emmaus in Ghana at last.

I wish to take this opportunity to thank our American Team and all who contributed materially, financially, physically, morally and spiritually to make the Walk to Emmaus Ghana a reality. May God richly bless and replenish all that you put in the Walk according to His riches in Glory.

De Colores,  
JOANA F. DICKSON (MS.)  
COMMUNITY LAY DIRECTOR,  
Ghana Emmaus Community

### Our Web Site

[www.lexingtonemmaus.org](http://www.lexingtonemmaus.org)

In the past few weeks, we have moved our web site from one web space provider to another. Hopefully, none of you experienced a significant outage. Always access our web site using the above address.

We have recently added the ability to subscribe to the newsletter electronically. This project is in "test" mode but in the future, the community may be able to save money by mailing out fewer paper copies.

## Men's Walk #79



- Row 1:** Mark Daviau, Chuck Griffin, Mark Finke, Andy Miller, Jake Stremmel, Ron Houtz, Tim Miller  
**Row 2:** Bob Cox, Mike Miller, Terry Manley, Andreas Kjernald, Dean Braunm, Mike Roscoe, Randy Martin, Terry Martin, Bob New  
**Row 3:** Doug Butler, Joe McVey, Rick Mattox, Ken Hall, Roger Browning, Steve Hunter, Seth Tuska, Mike Cochanougher, Bill Messner, Dave Snively  
**Row 4:** John Ireson, Tom Roberts, Gary Bowling, Jay Bourne, Keith Madill, Ron Naegle, Michael Sloane, Keith Sowder, Charlie Boland, David Banks  
**Row 5:** Allen Goldie, Fred Marriott, Josh Reynolds, Bob Loy, Norbert Allen, Roy Johnson, Bob Cummings, Dennis Wendt, Dannie Thompson, Dave Wolfe, Larry Epley, John Bryant, Eddie Hayes

## Report from Men's Walk #79

Amidst a world thrown into turmoil, chaos, and uncertainty, the team and pilgrims of Walk #79 began their journey. But from Priorities through Fourth Days it was clearly evident who was in control. The prayers of God's people covering this weekend truly helped both pilgrims and team shut out the distractions of the world, from basketball tournaments to war in Iraq, and focus on God's love for us.

On Friday night an impromptu Gospel sing led us into our poster party. On Saturday came a defining moment when the entire mood of the walk made a quantum leap to the next level. Any remnants of barriers that remained after Friday came crashing down. One area where this was outwardly demonstrated was the singing. Friday's singing was excellent, but by Saturday, the sound of Amazing Grace coming from the chapel had to make all of heaven pause, listen and rejoice.

This weekend was a shining example of what the body of Christ, reflecting God's love, can do. The results of Walk #79 will be felt far outside of the Lexington Emmaus Community, it will reach out into a world crying out for the love of the Creator and be felt into eternity.

Bob Cox  
Lay Director, Walk #79

## Women's Walk #80



**Row 1:** Carolyn Hayes, Sharon Crosby, Sue Allis, Carrie Rogers, Jenny Trimble, Kim Moore, Diane Jarrell, Max Hester, Greg DeSalvatore, Kelly Hamilton  
**Row 2:** Janelle Lane, Sandy Cloyd, Marie Oser, Nancy Clayton, Jennifer Reynolds, Barbara Etherton, Dee Hunter, Joyce Miller, Judie Phelan, Phyllis Hart, Ruby Baker, Sondra Stakelin  
**Row 3:** Pat Davis, Connie Griffin, Beth Ann Bourne, Kathy Moreland, Aleisha Boyd, Jenny Madill, Beckie Sigmon, Tracy Miller  
**Row 4:** Susie Lindon, Rebecca Davis, Gail Dewey, Cindy Goodrich, Beth Wells, Gwyneth Arrison, Gail Isaac, Joyce Keen, Kuniko Mori, Maxine Snively, Cathie Finke, Wanda Miller  
**Row 5:** Jan Allis, Chris Wittenberg, Trudy Mills, Susan Woods, Dollena Hawkins, Paula Miller, Becky Webber, Mary Martin, Sandy Shackelford, Juanita Jo Yoder, Susan Holliday  
**Row 6:** Harold Mills, Jeff Miller, Judy Seitz, Cathy Vickers, Marty Wright, Jerry Beck, Marilyn Moore, JJ Howe, Janice Derrickson, Patrice Boggs, Darlene Hyatt, Leslie Bruner, Ritchey Yost Lea, Willie Todd, Joyce Harlin  
**Not Pictured:** Darcey Sperley, Jerri Williams, Bill Trivisono

## God Was Our All In All On Walk 80!

Walk #80 started out on a sweet note when during the introduction time we were asked what food we would like to be, 90% of us wanted to be chocolate of some sort! We discovered that we came from a variety of places and represented many denominations.

Friday morning, after we were able to talk, the spirit of cooperation and charity was present as we took our pen in hand and heard from Pepé Le Pew that Jesus is looking for you! Almost immediately the women at the tables were bonding and forming friendships. At one table, everyone prayed for one of their members. On Friday afternoon we heard that God loves us - no matter what! Then we heard about all the prayers for us from near and far. Even then, right under the conference room in the prayer room, specific prayers were being said for pilgrims and team.

Saturday morning brought snow at wake up time (whatever time that was) and hot casseroles for breakfast - more evidence of the love of God shared through others! Dying Moments was an incredible

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## God Was Our All In All On Walk 80!

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time of self surrender. It was like a domino effect - one person's dying moment initiated another and another. I was reminded of the lines in our theme song, "Taking my sin, my cross, my shame, rising again, I bless your name." Oh how we blessed God for helping us get rid of all our stuff! We felt lighter and our spirits soared through agape land, the delicious Saturday night meal, poster party, and heavenly candlelight.

We heard about obstacles on Saturday afternoon and they were present in and out of the conference room all weekend. A member of the team was in an auto accident Thursday morning, a member of the clergy was sick and couldn't stay for the weekend but gave his talk even though he had a fever, another clergyman's wife refused to be hospitalized and was home sick, and even some of the pilgrims were dealing with a stomach bug! Throughout the weekend God was our all in all! He was our strength when we were weak.

The proof that God showed up on Walk #80 was clearly demonstrated at Closing on Sunday afternoon when so many pilgrims shared from their heart. "Jesus, Lamb of God, worthy is your name!"

De Colores!  
Trudy Mills  
ALD, Walk # 80

## Agape, Agape, Agape!!

A BIG "thank you" to all the individuals, couples, and reunion groups who have provided agape for our Walks and Flights. The week end experience just wouldn't be the same without this support. Thank you, thank you, thank you!

Following our fall and spring Walks and spring Chrysalis Flights, we have amassed quite a bit of surplus agape. This extra agape will be available at the May Gathering. If you or your group have provided agape for our recent Walks/Flights, please plan on attending so that you can get the surplus pieces of agape from the amount you provided. It will be placed on tables in the fellowship hall. Obviously, this can serve as a starting nucleus for your next batch of agape for upcoming Walks/Flights.

Speaking of future Walks/Flights, start planning now to provide agape for the fall Walks. We need 80 pieces for a Women's Walk and 70 for the men and Chrysalis. Historically, we always seem to have an abundance of agape for the women but could use more for the men and Chrysalis.

Please, don't forget about snack agape! They say an Army moves on its stomach. The same can be said for an Emmaus/Chrysalis week end. Home-made cookies, cakes, candy, dips, salsas, fruit trays, vegetable trays, etc. are preferred to commercial ones but both are appreciated.

In His service, Harvey Sigmon  
hwsigmon@earthlink.net

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## Please Be In Prayer For These Walks in other Communities

Please pray for these other communities having walks in the month of May:

### **May 1-4**

Sweet Water, TX, Emmaus Comm. Women's #5

### **May 8-11**

Memphis Emmaus Men's #117

### **May 15-18**

Central Illinois Emmaus Women's #165

### **May 29 - June 1**

Memphis Women's #118





# 2003 Community Training Day



**Saturday, May 17, 2003**  
**8:30 AM - 2:00 PM**  
**Centenary United Methodist Church**  
**2800 Tates Creek Rd., Lexington KY**



The Lexington Emmaus Community cordially invites you to join us in our Annual Community Leadership Training Day for 2003. This day is guaranteed to be both fun and spiritually uplifting. Don't miss this unique opportunity to worship, to fellowship and to learn about sponsorship, Chrysalis and the ways we can support the Walks and the Emmaus Community. Whether you're a new member of the community or you've been around for many years, plan to attend and get a different perspective on how you can make each Walk even more special. Plan now to make this a PRIORITY!!

Registration cost is \$10 per person and includes all materials, seminars and lunch. Unfortunately, child care will not be available. If you have any questions, call Tim Miller at (606) 776-6263 or e-mail him at prof401@yahoo.com.

Because the training day will be here so soon, we prefer you notify us of your intent to attend by sending an e-mail to prof401@yahoo.com with the information requested in the form below. If you don't have access to e-mail, please **promptly** fill out the registration form below, enclose a check for \$10 per person made out to "The Lexington Emmaus Community" and mail it to Lexington Emmaus Community at the address on the form. Registrations and fees will also be accepted on the day of the training but we request you give us advance notice via phone or e-mail of your attendance so we can complete our planning.

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## REGISTRATION FORM

Name \_\_\_\_\_ Emmaus Community/Walk# \_\_\_\_\_

Name \_\_\_\_\_ Emmaus Community/Walk# \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Mail reservation form and check to Lexington Emmaus Community, PO Box 23554, Lexington KY 40523-3554.



## LEXINGTON EMMAUS WALK SCHEDULE

### 2003

Men's Walk #81                      November 6 - 9  
Women's Walk #82                November 13-16

### 2004

Men's Walk #83                      March 18-21  
Women's Walk #84                April 1-4

**Registration forms should be sent to: Lexington Emmaus Community, ATTN: Registrar, P.O. Box 23554, Lexington KY 40523-3554**

Registration forms may be obtained from the above address or from our web site at: <http://www.lexingtonemmaus.org>. Information about Walks being held by other communities is also available on the website linked from our "News" page.

Address changes and phone number changes should be emailed to [don@wrightsrealm.com](mailto:don@wrightsrealm.com) or call (859)224-3736. Returned mail is an extra expense for the community.



## LEXINGTON EMMAUS GATHERING

**Friday, May 2, at 7:00 PM**

**St. Luke United Methodist Church  
Alumni Drive at New Circle Road  
Lexington, KY**

Join your brothers and sisters in Christ for a special time of worship, communion and fellowship. Remember, we will have a pre-gathering time for fellowship at 7 PM and begin worship promptly at 7:30 PM.

**Cancellation Policy:** *When there is no public school in Fayette County on the day of the Gathering because of inclement weather, there will **not** be a Gathering.*

**Please remember to bring a snack to share during the fellowship time. Child care is provided. We want to provide the children with appropriate snacks, so if you bring a child please also bring along an appropriate snack for them to share. A children's snack table will be set up just outside the child care room.**

**Have you responded to God's gifts to you with a special gift to the Community?**

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