

EMMAUS LEXINGTON COMMUNITY



Lexington, KY

"Did not our hearts burn within us, while he talked with us by the way...?"

August 2010

The 4th Days of Sponsorship

Sponsorship of a Pilgrim on an Emmaus Walk is a lot of work, prayer and fun! The responsibilities do not end when you have gotten your tired but very talkative Pilgrim back home and delivered to their family. They will still need several important things from you: 1) to help them get into a Reunion Group and 2) to get them into the routine of attending the monthly Gathering.

Reunion groups provide accountability for the daily walk with Christ, integration into the larger Emmaus community and needed prayer support for the new members of the Community. It is very important to help them get into an existing reunion group or to help them start a new group. Invite them to your group if there is space; open groups are also listed on the LEC website (www.lexingtonemmaus.org). If no current group meets their need there are contact links on the website to those that can help. We are all busy and it seems difficult to add yet another meeting to our list but this is something we do just for US! Your reunion group is a place of warmth, understanding and love; it's were you can really be you. Don't we all long for a place like that? I'm in such a need of accountability and spiritual mentorship that I attend 2 reunion groups. My sisters have helped me through some difficult and trying times; I value their wisdom and sensibility. We have laughed (a lot) and cried (a lot) and been just plain silly sometimes but through it all they hold my feet firmly on the road to Christ!

The reunion group is the most intimate of our relationships with the Emmaus community but the monthly Gatherings are needed for our spiritual journey as well. It's a time to reconnect with our brothers and sisters through fellowship, friendship and faith. I compare it to a big family meal with lots of singing, praise and worship as dessert. Usually everyone from the team and the former Pilgrims come to the Gathering following the Walk but after that interest seems to wane a bit. As a sponsor you need to encourage your former pilgrim to continue to come monthly; introduce them to the Lay Director of the next Walk (so that the LD can put a face with a name when considering people for team positions) and urge them to get involved with other Community activities.

The role of Sponsor is so very critical to the success of any community. I urge you to spend time in prayer and let God place the name of who he wishes you to approach about the Walk to Emmaus before you. Then give your full attention to the task of being the sponsor God intends you to be. It's about reflecting a servant's heart just as our Lord and Savior Jesus Christ modeled for us.

DeColores,

Kathy Rosewell, LD 2010

4th Days...and so are the Days of Our Lives

I Grew up Christian, was baptized as a child, then reconfirmed my baptism as a youth. I was always in church as an active member, but was a Christian in my mind and in my actions but not necessarily deep in my core being. I had asked Christ into my heart as a youth but never quite understood the Holy Spirit, although I knew God *spoke* to me.

I went on Walk to Emmaus in 1991, sat at the table of Joy in Southern California. Through the series of Grace talks I realized I needed a closer walk with Christ and grew to understand each aspect of God's grace.

In John 20:22 it says, "And with that He breathed on them and said, 'Receive the Holy Spirit'." I *know* Christ is alive because He now lives *in* and *through* me.

As I am sure we all remember our fourth day begins each morning as we wake up. What we do with that day is all up to us. I choose to begin by thanking God that I had a good night's sleep and actually did wake up. Seems too simple? I have found that without a constant conversation with Abba, Daddy, I am off and doing my own agenda without much direction or focus.

As a retired person I have the privilege of not going to work each day and I thoroughly enjoy not having the day "planned" for me. I can decide my priorities for the day. They may include helping someone, writing a note of encouragement, planting a rose bush or weeding the garden, painting a picture or sewing a quilt, or even traveling to visit an old friend out of town. I often spend an hour reading Scripture and another in prayer in the morning while I have a cup of tea. But every day is a new opportunity to grow with God's grace and witness to His amazing love.

My goal is to be so open to His voice that I can serve Him every day. Whatever your fourth days may include, be sure to focus on prayer, service to God's people, and witnessing about His grace in your life.

Patricia Walsh

If you have a Fourth Day story you would like to share with the community, please contact Cheryl Napier at napiercl@live.com, or Kathy Rosewell at krose1@email.uky.edu.

WANTED

ARE YOU INTERESTED AND WILLING TO
HOLD A LEXINGTON EMMAUS
GATHERING AT YOUR WORSHIP HOME?

The Emmaus Gathering is looking for new venues for our monthly meal and worship time. The requirements are just space for the meal and a worship setting for at least 100-150 people. If you are interested, get more information by contacting John Green at mailto:johngreene@insightbb.com.

Correction:

**Jesse Yoder's
birth year is 1964 not
1974.**

Register Pilgrims Now for Fall 2010 Walks!

The Lexington Emmaus Community's Fall 2010 Walks are just around the corner.

Men's Walk #109 will be held October 14-17, 2010. **Registration deadline is September 23, 2010.** Lay Director is Bill Anderson.

The Women's Walk #110 will be October 21-24, 2010. **Registration deadline is October 30, 2010.** Lay Director is Regina Burris

Future Walks and Flights

2012

October 14-17, 2010 Men's Walk 109
October 21-24, 2010 Women's Walk 110

2011

February 19 – 21, 2011 Chrysalis Flight 32
March 10 – 13, 2011 Men's Walk 111
March 24 – 27, 2011 Women's Walk 112
October 6 – 9, 2011 Men's Walk 113
October 20 – 23, 2011 Women's Walk 114

2012

February 18 – 20, 2012 Chrysalis Flight 33
March 15 – 18, 2012 Men's Walk 115
March 22 – 25, 2012 Women's Walk 116
October 11 – 14, 2012 Men's Walk 117
October 25 – 28, 2012 Women's Walk 118

All will be held on the campus of Asbury Theological Seminary.

Important Information on Fees

The fee to attend a Walk is \$150 per person with a required \$50 non-refundable deposit.

Signup as a Meal Server and to bring Snack Agape

You can now signup on-line to serve meals or to bring snack agape on the upcoming Walks. Go to the Meal Server or Snack Agape signup pages at www.lexingtonemmaus.org to let the team know how you want to help.



Nothing in all creation is hidden from God's sight.

Hebrews 4:13

REMEMBER OUR FALL WALKS IN PRAYER

October 14-17, 2010 Men's Walk Lay Director - Bill Anderson

October 21-24, 2010 Women's Walk Lay Director - Regina Burris

**REMEMBER OTHER
COMMUNITIES WALKS IN
PRAYER**



Emmaus Walks:

- September 23 - 26, 2010** Men's Walk, Northern Colorado Emmaus, 34, Colorado
- September 30 - October 3, 2010** Women's Walk Northern Colorado Emmaus, 35 Colorado
- September 9 - 12, 2010** Women's Walk Illinois Heartland Emmaus, 68 Illinois
- September 9 - 12, 2010** Men's Walk Day Spring Emmaus Community of So. IN, 104 Indiana
- September 9 - 12, 2010** Men's Walk Hoosier Hills Emmaus, 81 Indiana
- September 9 - 12, 2010** Women's Walk Southern Ohio Emmaus, 49 Ohio
- September 16 - 19, 2010** Women's Walk Day Spring Emmaus Community of So. IN, 105 Indiana
- September 16 - 19, 2010** Women's Walk Hoosier Hills Emmaus, 82A Indiana
- September 23 - 26, 2010** Women's Walk Hoosier Hills Emmaus, 82B Indiana
- September 23 - 26, 2010** Men's Walk North Indiana Emmaus, 211 Indiana
- September 23 - 26, 2010** Women's Walk Greater Dayton Emmaus, Women's Walk #82 Ohio
- September 23 - 26, 2010** Men's Walk Heart of Ohio Emmaus, 42 Ohio
- September 30 - October 3, 2010** Women's Walk North Indiana Emmaus, 212 Indiana
- September 30 - October 3, 2010** Men's Walk Darke County Emmaus, #25 Ohio
- September 30 - October 3, 2010** Men's Walk Southern Ohio Emmaus, 49 Ohio
- September 9 - 12, 2010** Men's Walk Cross Bayou Emmaus, 67 Louisiana
- September 9 - 12, 2010** Men's Walk Lagniappe Country Emmaus, 56 Louisiana
- September 9 - 12, 2010** Women's Walk Central Texas Conference Emmaus, 357 Texas
- September 9 - 12, 2010** Women's Walk Diakonia of, Eagles Wings Cluster of Diakonia, #109 Texas
- September 16 - 19, 2010** Men's Walk Sonflower of Topeka, 26 Kansas
- September 16 - 19, 2010** Women's Walk Cross Country Emmaus, 175 Texas
- September 16 - 19, 2010** Men's Walk Denton Area Emmaus, 47 Texas
- September 16 - 19, 2010** Women's Walk Golden Spread Emmaus, 217 Texas
- September 16 - 19, 2010** Women's Walk Hi-Sky Emmaus, 192 Texas
- September 23 - 26, 2010** Men's Walk Noah's of Ark Emmaus, #150 Arkansas
- September 23 - 26, 2010** Men's Walk Heartland Faithful Emmaus, #4 Nebraska
- September 23 - 26, 2010** Women's Walk Borderlands Emmaus Community, # 22 New Mexico
- September 23 - 26, 2010** Men's Walk Green Country Emmaus, 147 Oklahoma
- September 23 - 26, 2010** Women's Walk Borderlands Emmaus Community, 24 New Mexico
- September 23 - 26, 2010** Men's Walk Central Texas Conference Emmaus, 358 Texas
- September 23 - 26, 2010** Men's Walk Cradle of Texas Emmaus, 48 Texas
- September 23 - 26, 2010** Women's Walk Rushing Wind Emmaus, 80 Texas
- September 30 - October 3, 2010** Women's Walk Sonflower of Topeka, 26 Kansas
- September 30 - October 3, 2010** Women's Walk Heartland Faithful Emmaus, #5 Nebraska
- September 30 - October 3, 2010** Men's Walk Cross Point Emmaus, 79 Oklahoma
- September 30 - October 3, 2010** Men's Walk Houston North Emmaus Community, Inc., 58 Texas
- September 16 - 19, 2010** Men's Walk Western New York Emmaus, 40 New York
- September 23 - 26, 2010** Men's Walk Richmond Emmaus, 98 Virginia
- September 30 - October 3, 2010** Men's Walk Dan River Emmaus, #52 Virginia
- September 2 - 5, 2010** Men's Walk Bethlehem Walk to Emmaus, 5 Florida
- September 9 - 12, 2010** Women's Walk Alabama Emmaus, 372 Alabama
- September 9 - 12, 2010** Women's Walk Blue Lake Emmaus, 212 Alabama
- September 9 - 12, 2010** Men's Walk Living Waters Emmaus of Alabama, 93 Alabama
- September 9 - 12, 2010** Men's Walk Dayspring Emmaus, 72 Georgia
- September 9 - 12, 2010** Men's Walk Lake Cumberland Area Emmaus, 89 Kentucky
- September 9 - 12, 2010** Men's Walk Emmanuel Emmaus, 118 North Carolina
- September 16 - 19, 2010** Women's Walk Alabama Emmaus, 373 Alabama

September 16 - 19, 2010 Women's Walk Bethlehem Walk to Emmaus, 6 Florida
September 16 - 19, 2010 Men's Walk Gulf Coast Emmaus, 81 Florida
September 16 - 19, 2010 Men's Walk Oceanside Emmaus, 59 Florida
September 16 - 19, 2010 Women's Walk Dayspring Emmaus, 73 Georgia
September 16 - 19, 2010 Women's Walk Lake Cumberland Area Emmaus, 100 Kentucky
September 16 - 19, 2010 Men's Walk New Covenant Emmaus, 64 Tennessee
September 23 - 26, 2010 Women's Walk Gulf Coast Emmaus, 81
September 23 - 26, 2010 Women's Walk Oceanside Emmaus, 60 Florida
September 23 - 26, 2010 Men's Walk Georgia Foothills Walk to Emmaus, INC, 18 Georgia
September 23 - 26, 2010 Women's Walk Emmanuel Emmaus, 119 North Carolina
September 23 - 26, 2010 Men's Walk Seaside Emmaus, 113 South Carolina
September 23 - 26, 2010 Women's Walk New Covenant Emmaus, 65 Tennessee
September 23 - 26, 2010 Men's Walk United Emmaus, 108 Tennessee
September 30 - October 3, 2010 Men's Walk Florida Crown Emmaus, 67 Florida
September 30 - October 3, 2010 Men's Walk Atlanta South Emmaus, 41 Georgia
September 30 - October 3, 2010 Women's Walk Georgia Foothills Walk to Emmaus, INC, 18 Georgia
September 30 - October 3, 2010 Men's Walk Northwest Georgia Emmaus, Men's #48 Georgia
September 30 - October 3, 2010 Men's Walk Albemarle Emmaus of NE No Carolina, #88 North Carolina
September 30 - October 3, 2010 Men's Walk Emmaus of the Midlands, 36 South Carolina

International Walks:

September 9 - 12, 2010 Men's Walk Lourie Emmaus, 56 International
September 9 - 12, 2010 Men's Walk Papillon, Walk 11 International
September 9 - 12, 2010 Men's Walk Son Valley Emmaus of South Africa, 110 International
September 16 - 19, 2010 Women's Walk Lourie Emmaus, 57 International
September 16 - 19, 2010 Women's Walk Papillon, Walk 12 International
September 16 - 19, 2010 Women's Walk Son Valley Emmaus of South Africa, 111 International
September 23 - 26, 2010 Men's Walk Eastern Cape Emmaus, 53 International
September 23 - 30, 2010 Men's Walk Riverside Emmaus, 57 International
September 23 - 26, 2010 Men's Walk Rose Emmaus, 27 International
September 30 - October 3, 2010 Men's Walk Drakensberg Emmaus, 60 International
September 30 - October 3, 2010 Women's Walk Eastern Cape Emmaus, 54 International
September 30 - October 3, 2010 Women's Walk Riverside Emmaus, 58 International
September 30 - October 3, 2010 Women's Walk Rose Emmaus, 28 International



Chrysalis Flights:

September 4 - 6, 2010 Boy's Walk Southern Nevada Chrysalis (Desert Chrysalis), 18 Nevada
September 4 - 6, 2010 Girl's Walk Southern Nevada Chrysalis (Desert Chrysalis), 18 Nevada
September 4 - 6, 2010 Boy's Walk Cedar Rapids Emmaus/Chrysalis, 35 Iowa
September 4 - 6, 2010 Girl's Walk Cedar Rapids Emmaus/Chrysalis, 35 Iowa
September 4 - 6, 2010 Boy's Walk Western New York Chrysalis, Flight 13 New York
September 9 - 12, 2010 Girl's Walk Chesapeake Chrysalis, 27 Delaware
September 30 - October 3, 2010 Boy's Walk Chesapeake Chrysalis, 27 Delaware
September 3 - 6, 2010 Girl's Walk Lake Cumberland Chrysalis, 36 Kentucky
September 4 - 6, 2010 Girl's Walk Pathway East Chrysalis, 6 Georgia
September 4 - 6, 2010 Boy's Walk Nashville Chrysalis, 91 Tennessee
September 10 - 12, 2010 Boy's Walk Dale Hollow Chrysalis Community, 4 Kentucky
September 18 - 20, 2010 Girl's Walk Mountain Top Chrysalis, #7 North Carolina



The following Lexington Emmaus Board positions are open for 2011. **If you wish to nominate yourself or another I would ask that you 1) pray about doing so, 2) call the current Board member to ask questions and 3) contact Kathy Rosewell at 859-797-5059 or k.rosewell@insightbb.com**

Supplies *The Chair shall have the following responsibilities: Ben Thomas 859-293-6020*

- Purchases all conference room/packet/bath agape supplies for Walk/Flights.
- Ensures crosses and ribbon are given to Walk Agape Coordinator.
- Transports all supplies before each Walk/Flight to Agape Coordinator or storage facility prior to Send-Off.
- Maintains newest editions of the packet information masters for copying.
- Periodically check the supplies for the bath agape baskets. When supplies are low, place article in newsletter requesting Community to bring to Gatherings any samples they may have.

Agape *The Chair shall have the following responsibilities: Lonnie Watts 859-619-3416*

- Maintain supply of Lexington Community agape letters and send LC letters to other communities for their use.
- Request Agape letters from other communities.
- Maintain list of other community walks and publish in the newsletter so the LEC can pray for them.
- Check and repair conference room banners
- Train agape team for upcoming Walks/Flights or arrange for an alternate trainer.
- Ensures that the Walk Agape Team sorts through Walk agape following every walk.
- Arrange for the bagpiper.

Music/Entertainment *The Chair shall have the following responsibilities: Doug Sell 859-312-3848*

- Coordinates music leadership and special music for monthly Gatherings and other community activities as necessary. It is not necessary for the Music committee chair to provide this leadership him/herself; only that someone is identified who will.
- Coordinates availability the Community Songbooks and Worship Bulletins.
- Gives guidance to Emmaus Walk and Chrysalis Flight music leaders.
- Provides or coordinates all other music/entertainment for the weekend of Walk/Flight.
- Serves as Community contact person for CCLI (the Christian Copyright License organization.)

Chrysalis *The Chair shall have the following responsibilities: Earl Taylor 859-583-0306*

- Reports all Chrysalis plans and activities to the Board for approval.
- Submits newsletter article from a Next Steps Butterfly each month to the Newsletter Board person.
- Assists the Lay Directors of each Flight by guiding them and answering any questions that arise.
- Arrange for Clown Communion

Leadership Training *The Chair shall have the following responsibilities: Trudy Mills 859-269-7801*

- Responsible for planning and coordinating a continuing education day for the Lexington Emmaus Community and guests.
- Shall coordinate team-training seminars to be held on either the first or second (LD's option) team formation meeting for each Walk.

Reunion Groups

Remember the small beige service card that you received with your cross on the last day of your Walk/Flight? That small card presents the guidelines to be used while sharing your weekly walk with Christ during a reunion group meeting. If you have been thinking about seeking an Emmaus Reunion Group, here is your chance. Listed below are current Reunion Groups that are open to new members.

In addition, our Emmaus community has many opportunities to form new groups and Ken and Martha Hahn are willing to help facilitate with these opportunities. Ladies, please contact [Martha](#) and Men, please contact [Ken](#) if you are interested in being part of any of these reunion groups mentioned or to start with a new group. Remember that Christ is counting on you and He's ready and willing to meet with you and your Reunion Group each week.

Group	Day	Time	Location
Christ's Legions	Flexible	Flexible	Frankfort
Monday Afternoon Ladies	Monday	4:00 pm	Ashwood Retirement Community Leonardwood Drive (Frankfort)
Sonrise Sisters Two	Monday	7:15 pm	Lexington-Southside
Men's Group	Tuesday	6:30 am	Danville Cracker Barrel
Tuesday Morning Men	Tuesday	7:00 am	Frankfurt 1st UMC
Bible Study Gals	Tuesday	12:00 pm	Local Restaurants-Lexington Area
Tuesday Night Tootsies	Tuesday	7:00 pm	Lexington-off New Circle Rd.
Rainbow Connection	Wednesday	9:00 am	Lexington (various homes)
	Thursday	6:30 am	McDonalds on Limestone in Lexington (near UK campus)
Thurs. Morning Irregulars-Early	Thursday	6:45 am	Trinity Hill UMC (Lexington)
Thurs. Morning Irregulars	Thursday	8:00 am	Trinity Hill UMC (Lexington)
Thurs. Morning Faithfuls	Thursday	8:00 am	Trinity Hill UMC (Lexington)
Thursday Social Lights	Thursday	12:00 pm	Moreland (bi-weekly)
Urban Renewal	Thursday	7:00 pm	Lexington-off New Circle Rd.
CHRIST (Christ Has Risen Indeed Sisters Together)	Friday	8:00 am	Morton Middle School, Room 203 (Lexington)
Nicholasville Group	Friday	7:00 pm	Nicholasville (in members' homes)
Chrysalis Boy's small Group	Last Friday of the month	7:30 pm	Lexington-near UK
Sonrise Sisters	Saturday	7:45 am	Trinity Hill UMC (Lexington)

COMMUNITY CALENDAR

SEPTEMBER

- 10 **Gathering at St. Luke UMC**, 2351 Alumni Drive, Lexington, at 6:30 PM Potluck, 7:30 Worship
- 10 **Gathering at Paintsville's Mayo UMC**, 705 Court Street, Paintsville, 7:00 Worship

OCTOBER

- 1 **Gathering at Trinity Hill UMC**, 3600 Tates Creek Rd, Lexington, 6:30 PM Potluck, 7:30 Worship
- 14-17 **Men's Walk #109 at Asbury Theological Seminary**, Wilmore, KY.
- 21-24 **Women's Walk #110 at Asbury Theological Seminary**, Wilmore, KY.

NOVEMBER

- 5 **Gathering at Centenary UMC**, 2800 Tates Creek Rd, Lexington, 6:30 PM Potluck, 7:30 Worship

DECEMBER

- 3 **Gathering at Nicholasville UMC**, 303 West Maple Street, Nicholasville, 6:30 PM Potluck, 7:30 Worship

Come to the Next Gathering!

LEXINGTON: September
Gathering at St. Luke UMC, 2351 Alumni Drive, Lexington, at 6:30 PM Potluck, 7:30 Worship.

Paintsville: September Gathering at Mayo UMC, 705 Court Street, Paintsville, 6:30 PM Potluck, 7:30 Worship.

Everyone bring a dish to share: veggie/side dish, main dish, or dessert. Drinks, plates, cups, and utensils will be provided. Everyone will help clean up, so the work will be light

CHILD CARE-Child care is available at all Gatherings. Sponsors assist finding childcare for Walks.

COMMUNITY PRAYER MINISTRY-
E-mail request to Judy Seitz at prayers@lexingtonemmaus.org

Lexington Emmaus Community Board of Directors

Lay Director - Kathy Rosewell
Spiritual Director - Ken Hughes
Treasurer - Gary Williams
Secretary - Patricia Walsh
Agape - Lonnie Watts
Candlelight/ Sponsor's Hour - Alan Jackson
Chrysalis - Earl Taylor
Community Shepherd - Paul Brunstetter
Facilities - John Greene
Gatherings/Kitchen - Troy Ellis
Leadership Training - Trudy Mills
Literature - Donna Jones
Music - Doug Sell
Newsletter - Cheryl Napier & David Napier
Registrar & Vice Lay Director - Susan Bryant
Supplies - Ben Thomas
Team Selection - Libby Kenney

Lexington Emmaus Community Contact Information:
P.O. Box 23554, Lexington, KY 40523-3554
www.lexingtonemmaus.org